



Mass & Spiritual Communion

Just a reminder that we are streaming daily Mass, Sunday Mass and Holy Week Masses. These can be accessed via the church website: www.saintphilipneri.org.

Along with attending Mass in a virtual environment, remember the longstanding tradition in our Church of receiving a "spiritual communion," to unite yourself with God in prayer.

An Act of Spiritual Communion:

*My Jesus, I believe that You are
present in the Most Holy Sacrament.*

*I love You above all things, and I
desire to receive You into my soul.*

*Since I cannot at this moment
receive you sacramentally, come
at least spiritually into my heart.*

*I embrace You as if You were already
there and unite myself wholly to You.*

Never permit me to be separated from You.

Amen

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Remember that you are still part of a community.

God Bless